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# LANCER

## DINING SERVICES

Revised 5-11-2017

**Menu Subject to Change**

### 6-12 AUGUST LUNCH MENU

**2017-2018**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 st	2nd	3rd	4th
7th	8th	9th	10th	11th
14th	15th	16th	17th	18th
21st	22nd	23rd	24th	25th
28th	29th	30th	31st	September 1st
<b>Sabino's Pizza Burger</b> Italian Seasoned Beef on Garlic Toast Shredde Mozzarella Cheese Salad Bar / Fuit / Milk  <b>ALTERNATES:</b> Sandwich: Italian Cold Cut Combo Vegetarian: Garden Burger	<b>BBQ Beef Meatballs</b> Potato Wedges & Ketchup Cornbread Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Chicken Cheddar Wrap Vegetarian: Cheese Omelet	<b>Creamy Chicken Alfredo</b> <b>Penne Pasta</b> WG French Bread w Butter Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Roast Turkey & Cheese Vegetarian: Cheesy Alfredo	<b>Beef Tacos</b> Whole Grain Tortilla Refried Beans Taco Sauce & Sour Cream Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Turkey Club Sub Vegetarian: Refried Bean Taco	<b>Pizza Man Cheese Pizza</b> (1 Slice) Salad Bar Fruit Milk

**MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.**

This institution is an equal opportunity provider.

<b>Menu Subject to Change</b>				
<b>6-12 SEPTEMBER LUNCH MENU</b>				
<b>2017-2018</b>				
Monday	Tuesday	Wednesday	Thursday	Friday
				1 st
				<b>Pizza Man Cheese Pizza</b> (1 Slice) Salad Bar Fruit Milk
4th	5th	6th	7th	8th
<b>HAPPY LABOR DAY!</b>	<b>Cheeseburger</b> Hamburger Bun Vegetarian Baked Beans Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Chicken Caesar Wrap Vegetarian: Hummus & Cheese	<b>Chicken Drumstick</b> Loaded Mashed Potatoes Whole Grain Cookie Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Turkey Club Sub Vegetarian: Garden Burger	<b>Popcorn Orange Chicken</b> Vegetable Brown Fried Rice Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Southwest Chicken Wrap Vegetarian: Baked Tofu	<b>Pizza Man Cheese Pizza</b> (1 Slice) Salad Bar Fruit Milk
11th	12th	13th	14th	15th
<b>Crispy Chicken on a Bun</b> Steamed Corn Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Italian Cold Cut Combo Vegetarian: Garden Burger	<b>Mini Turkey Corn Dogs</b> Vegetarian Baked Beans Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Chicken Cheddar Wrap Vegetarian: Grilled Cheese Sandwich	<b>BBQ Beef Riblet</b> Hoagie Roll Glazed Carrots Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Roast Turkey & Cheese Vegetarian: Mac & Cheese	<b>Sweet &amp; Sour Chicken Meatballs</b> Vegetable Brown Rice Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Turkey Club Sub Vegetarian: Cheese Omelet	<b>Pizza Man Cheese Pizza</b> (1 Slice) Salad Bar Fruit Milk
18th	19th	20th	21st	22nd
<b>French Toast &amp; Syrup</b> <b>Turkey Sausage</b> Wango Mango Veggie Juice Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Turkey Ham & Cheese Sub Vegetarian: French Toast w/ Yougurt	<b>Chicken Tacos</b> Whole Grain Tortilla Chipotle Style Beans Taco Sauce Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Chicken Caesar Wrap Vegetarian: Hard Biled Egg w/ Beans	<b>Meatball Hoagie</b> Beef Meatballs in Marinara Sauce Hoagie Roll Tater Tots & Ketchup Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Turkey Club Sub Vegetarian: Hummus & Cheese	<b>Turkey Cheeseburger</b> Hamburger Bun Roasted Red Potatoes Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Southwest Chicken Wrap Vegetatian: Garden Burger	<b>Pizza Man Cheese Pizza</b> (1 Slice) Salad Bar Fruit Milk
25th	26th	27th	28th	29th
<b>Beef Hot Dog on a Bun</b> Vegetarian Baked Beans Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Italian Cold Cut Combo Vegetarian: Hummus & Cheese	<b>Chicken &amp; Gravy</b> <b>Creamy Mashed Potato</b> Bread & Butter Giant Graham Cracker Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Chicken Cheddar Wrap Vegetarian: Garden Burger & Gravy	<b>BBQ Chicken Slider</b> <b>Mac &amp; Cheese</b> Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Roast Turkey & Cheese Vegetarian: Mac & Cheese	<b>Cheese Stuffed Breadsticks</b> <b>Marinara Dipping Sauce</b> Spinach Salad Salad Bar / Fruit / Milk  <b>ALTERNATES:</b> Sandwich: Turkey Club Sub Vegetatian: None	<b>Pizza Man Cheese Pizza</b> (1 Slice) Salad Bar Fruit Milk

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