

Menu Subject to Change				
6-12 DECEMBER LUNCH MENU				
2017-2018				
Monday	Tuesday	Wednesday	Thursday	Friday
1st				
<p>Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>				Pizza Man Cheese Pizza (1 Slice) Salad Bar Fruit Milk
4th				
Beef Hot Dog on a Bun Vegetarian Baked Beans Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Italian Cold Cut Combo Vegetarian: Hummus & Cheese	Chicken & Gravy Creamy Mashed Potato Giant Graham Cracker Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Chicken Cheddar Wrap Vegetarian: Garden Burger & Gravy	BBQ Chicken Slider Mac & Cheese Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Roast Turkey & Cheese Vegetarian: Mac & Cheese	Cheese Stuffed Breadsticks Marinara Dipping Sauce Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Turkey Club Sub Vegetarian: None	Pizza Man Cheese Pizza (1 Slice) Salad Bar Fruit Milk
11th				
Sabino's Pizza Burger Italian Seasoned Beef on Garlic Toast Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Italian Cold Cut Combo Vegetarian: Garden Burger	BBQ Beef Meatballs potato Wedges & Ketchup Cornbread Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Chicken Cheddar Wrap Vegetarian: Cheese Omelet	Creamy Chicken Alfredo Penne Pasta WG French Bread & Butter Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Roast Turkey & Cheese Vegetarian: Cheesy Alfredo	Beef Tacos Whole Grain Tortilla Refried Beans Taco Sauce Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Turkey Club Sub Vegetarian: Refried Bean Taco	Pizza Man Cheese Pizza (1 Slice) Salad Bar Fruit Milk
18th				
Chicken Strips Green Beans Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Turkey & Cheese Sub Vegetarian: Egg Patty & Cheese	Cheeseburger Hamburger Bun Vegetarian Baked Beans Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Chicken Caesar Wrap Vegetarian: Hummus & Cheese	Chicken Drumstick Loaded Mashed Potatoes Whole Grain Cookie Whole Grain Bread, Butter Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Turkey Club Sub Vegetarian: Garden Burger	Popcorn Orange Chicken Vegetable Brown Fried Rice Salad Bar / Fruit / Milk ALTERNATES: Sandwich: Southwest Chicken Wrap Vegetarian: Baked Tofu	Pizza Man Cheese Pizza (1 Slice) Salad Bar Fruit Milk
25th				
HAPPY HOLIDAYS! NO SCHOOL				
26th				
NO SCHOOL				
27th				
NO SCHOOL				
28th				
NO SCHOOL				
29th				
NO SCHOOL				

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.