

SHS SUMMER ATHLETIC CAMPS - 2017

Non-Football Strength & Conditioning Boys & Girls-Grades 7-12

June 5-July 27
Monday-Tuesday-Thursday
(Nothing July 3, 4 & 6)
7:00 am - 8:00 am
6th Grade Gym - Cost \$80



Contact Coach Junod
haleyjeann@aol.com

Boys' Basketball Camp

June 6 - July 28
Tue-Weds-Friday
(Nothing July 4, 5 & 7)
10 am -12:30 pm @ SHS/6th Grade
Gym



Cost \$60
Contact Coach Prepeluh
mprepeluh@spectrumhighschool.org



Girls' Bball Practice

June 6 - July 27 - 6-7:30 pm
Tuesday/Thursday
(Nothing July 4 or 6)

Girls' Basketball Camp I

June 19-22 - 10-noon
Cost \$75

Girls' Basketball Camp II

July 24-28 - 10-noon
Cost \$75

Girls' Basketball Camp III

Combines Camp I & II
Cost \$125
(Family Max. \$200)

Contact Coach Hund
chund@spectrumhighschool.org



Football Strength & Conditioning

June 5-July 27
(Monday-Tuesday-Thursday)
(Nothing July 3, 4 & 6)
8:00 am - 9:15 am
Cost \$80



Contact Coach Mills
smills@spectrumhighschool.org

Volleyball Camp JH & HS

July 10-13
Entering Grades 6-8 (8-11 am)
Entering Grade 9-12 (12-3 pm)
Cost \$75

Contact Coach Cuabo
SpectrumStingVB@gmail.com



Football Practice

June 26 & 29 - 10-noon
July 17, 20, 24-26 - 10am-noon
July 27 Scrimmage @ SHS 10am-noon

Single Wing Sting Camp

July 10 - 9-11 am, 3-5 pm
July 11 - 10-noon (7-12th)
(Cost \$55 by May 15th & \$65 by June 1st)

MS Contact Camp - 6-8 pm

June 20-22nd (7-8 Grade)
(Cost \$65 by May 15th & \$75 by June 6th)

Youth Camp - 10-noon

June 20-22nd (2-6 Grade)
(Cost \$35 by May 15th & \$45 by June 6th)

Contact Coach Mills
smills@spectrumhighschool.org



Girls' Soccer- TBD

Boys' Soccer

July 24-28 - 9-11 am
Cost \$30

Contact Coach Sonterre
rsonterre@spectrumhighschool.org



Wrestling - No Charge

Sunday Nights @ 7 pm
June 4-July 30
(Nothing on July 2)



Contact Coach Skog
dskog@spectrumhighschool.org

Cross Country - No Charge



Mon-Tue-Thu - 8:30 - 10:00 am
(Nothing on July 3-5)
Athletic Fields (track)
Contact Coach Peterson
rpeteron@spectrumhighschool.org

